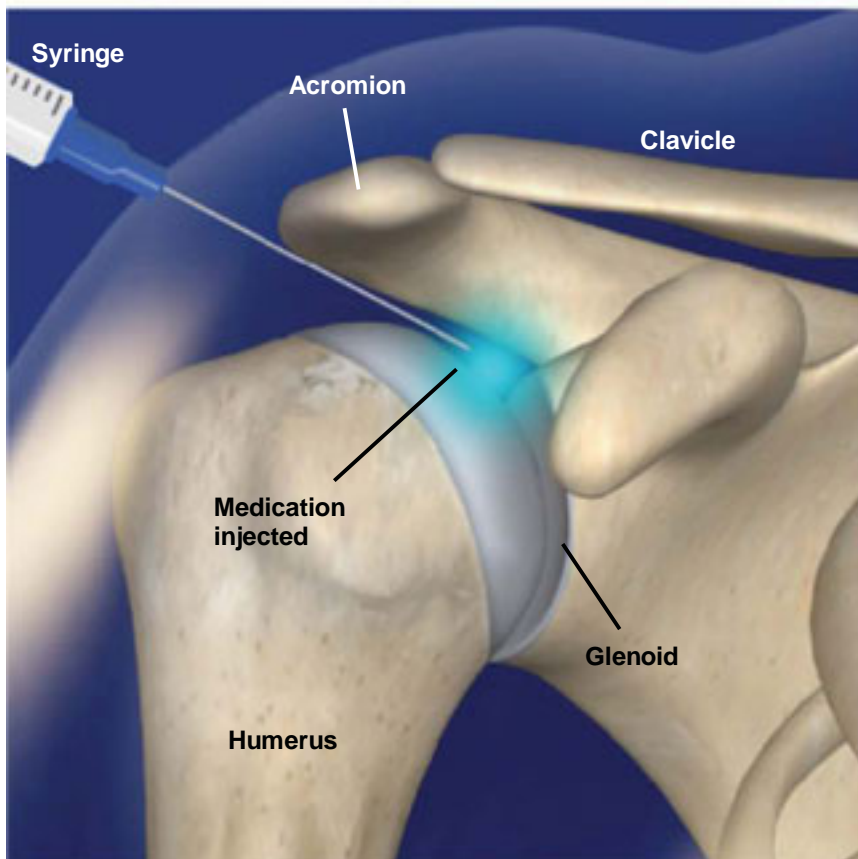
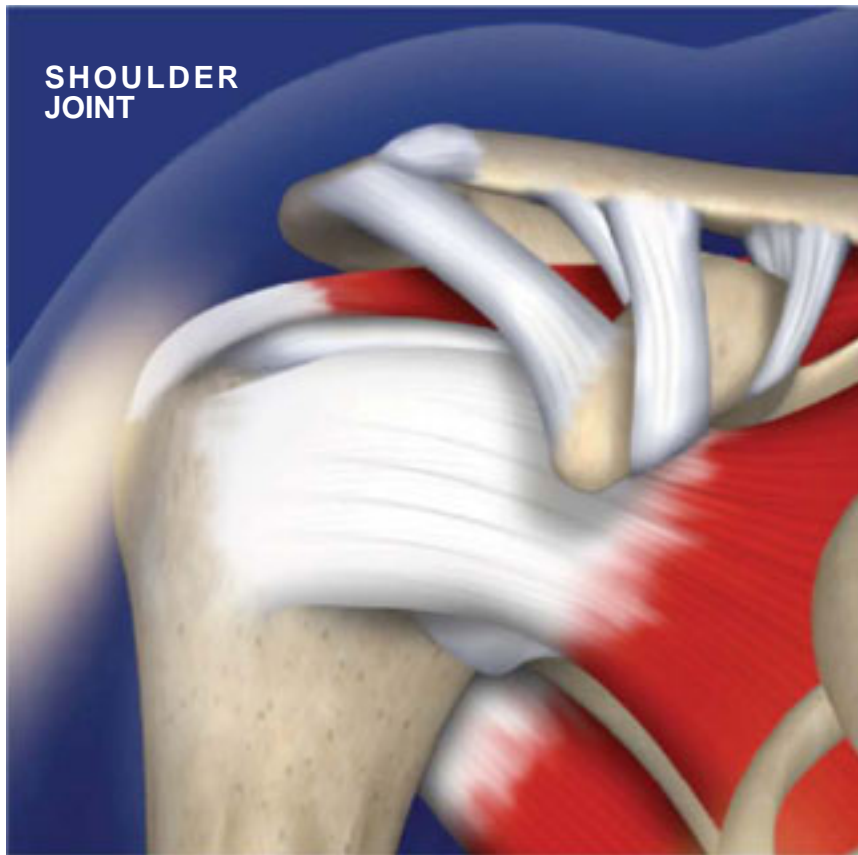


## INTRACAPSULAR (GLENOID) INJECTION



### Overview

During this procedure, a mixture of anesthesia and anti-inflammatory medication is injected into the space between the head of the humerus and the glenoid. This injection can be used to treat a variety of painful conditions, including osteoarthritis, rheumatoid arthritis and adhesive capsulitis. The physician may choose an injection site on the front, side or rear of the shoulder.

### Preparation

The patient is placed in a seated position, and the skin on the shoulder is cleaned and anesthetized.

### The Injection

The physician carefully inserts a needle into the joint space and injects the medicated solution. The mixture bathes the joint space to reduce pain and inflammation in the joint.

### End of Procedure and Aftercare

The needle is removed, and a small bandage is placed on the shoulder. The patient may be advised to avoid strenuous activity for the next few days.